



Anyone can be affected by  
substance use but help is available  
in Brookings County.

[www.HelpLineCenter.org](http://www.HelpLineCenter.org)

## Treatment is available and effective in Brookings County.

Contact us at [www.HelpLineCenter.org](http://www.HelpLineCenter.org)  
or dial 2-1-1 and we can answer questions,  
suggest a treatment facility and help make  
appointments or organize transportation.

Before you call, gather the information  
the facility will need such as your address,  
phone number, type of insurance, your  
schedule, etc.

Call the facility and make an appointment  
for substance abuse treatment that works  
for you. Record the appointment date and  
time and, if you need to, remember to call  
the facility to reschedule.

If you need help with transportation, please  
ask about options during this phone call.

### HOTLINES

Brookings Area Mental Health Guide, 2-1-1

Crystal Meth Anonymous, South Dakota,  
85type /P. to, remember to call Bng147 0.15 rg ET m0003(1372)5yup/GS1 gs DnO re W n 8io6